



# HACIENDA SPA

## AT LOS POBLANOS

*Nestled in an original, historic home designed by the father of Santa Fe style, John Gaw Meem, the Hacienda Spa is an intimate space that encourages a sensory spa experience. The stunning courtyard, luxurious lounge and surrounding landscape evoke a sense of well-being that awakens all the senses. Informed by the elements of nature, the unique treatments and elegant space work harmoniously to provide the ultimate immersive experience. Every treatment journey begins with the Hacienda Spa signature opening ritual, which infuses seasonal botanicals harvested from our property. You'll select a signature scent that will set the tone for your curated journey with our expert team of therapists and estheticians.*

### SKIN CARE TREATMENTS

*Hacienda Spa facials are thoughtfully customized by our talented team of estheticians using botanically-based, professional skincare lines that balance the best of both science and nature. The Hacienda Spa proudly partners with Sorella Apothecary and emerginC Organics, and we incorporate products from our own lavender product line.*

#### HACIENDA FACIAL

The *Hacienda Facial* begins with an in-depth esthetician consultation that will guide the treatment to ensure we meet your skin needs. Dual cleanses, exfoliation, pore extractions (if needed), face and scalp massage, custom masks, serums, nourishing moisturizers and sun protection are all tailored, and provide a luxurious treatment.

80 MINUTES 225

#### HEALING STONE FACIAL

The *Healing Stone Facial* is designed to heal and revitalize the skin's surface. Your highly-trained therapist will select healing stones that address your specific needs, such as reducing inflammation, cell renewal and relieving congestion. The stones are used to gently massage the skin, thereby increasing overall circulation to improve tone, luster and glow. This is a complete therapy that includes a deep cleanse, facial massage and mask applications.

50/80 MINUTES 175 /215

#### SEASONAL FACIAL

Our *Seasonal Facial* provides the perfect opportunity to take notice of everything wonderful the current season has to offer. Indulge in a facial that has been thoughtfully curated for our unique high-desert environment and the specific time of year. As this treatment changes with the season, please call the Hacienda Spa to learn more about the current offering.

50 MINUTES 175

### SKIN CARE ENHANCEMENTS\*

#### HACIENDA UPGRADE

Extend the benefits of any facial treatment with this enhancement that layers multiple mineral-packed infusions under EmerginC's Revital-Eyes Mask that acts as a cooling agent to soothe, calm, reduce puffiness, reenergize and brighten the under-eye area. The Marine Facial Mask, rich with antioxidants, will target the deepest layers of skin to stimulate collagen production, re-mineralize, hydrate, and pack the skin with vitamins.

30 MINUTES 65

#### GLOW BOOST

Circulation will dramatically increase with exfoliants and masks to warm, oxygenate, flush and repair skin. Then, a cooling, calming massage using specially-formulated Ice Globes, works to reduce inflammation and redness.

30

*\* additional enhancements, next page*

### SPA HOURS

*Daily from 9:30 am – 8 pm*

*To schedule an appointment, please call (505) 308-3453.*

## MASSAGE TREATMENTS

*Allow our skilled therapists to guide you through a relaxing, restorative experience with a Hacienda Spa massage treatment. Using Los Poblanos artisan lavender products, organic massage oil and custom essential oil blends, every treatment is customized to your body's needs.*

### HACIENDA MASSAGE

Our signature massage experience, the *Hacienda Massage* begins with a light full-body dry exfoliation to warm the body and activate circulation. You'll then gently transition to a therapeutic massage using rhythmic movements and stretches to promote relaxation and deeper release. This signature experience will close with a warm oil scalp massage incorporating botanicals from our farm that deeply connect you with the land.

80 MINUTES 225

### THERAPEUTIC MASSAGE

This gentle massage features rhythmic movements to induce deep relaxation and a strong sense of calm. Long, flowing strokes and gentle stretches increase circulation, loosen stiff joints and provide deep release. Using warm compresses and healing botanicals, sore areas will be nourished as you are completely immersed in relaxation. This treatment is a wonderful option for mothers-to-be.

50/80 MINUTES 155 /185

### DEEP TISSUE RECOVERY MASSAGE

Customized to your specific concerns, the *Deep Tissue Recovery Massage* focuses on the deeper layers of muscle and combines firm pressure with pain-relieving techniques to ease tension, chronic pain and stiff muscles. Arnica salve, selected for its warming properties, is used to stimulate blood flow, reduce inflammation and pain relief.

50/80 MINUTES 175 /205

### WARM HIMALAYAN SALT STONE MASSAGE

Achieve a deep state of relaxation with the *Warm Himalayan Salt Stone Massage*, which pairs medium to deep pressure with warm Himalayan salt stones. The balancing properties of the stones release tension and toxins while also providing gentle exfoliation.

80 MINUTES 225

## ADDITIONAL ENHANCEMENTS

*These can be added to either a massage or a skin care treatment*

### REVITALIZING SCALP ENHANCEMENT

Enhance any massage with this aromatic scalp treatment and achieve an even deeper state of relaxation. Using Los Poblanos Lavender Skin Care Oil, light pressure and movement focused on the scalp and neck provide gentle yet highly effective stress-relief therapy.

30 MINUTES 65

### HYDRATING HAND OR FOOT ENHANCEMENT

Enhance any treatment with this relaxing, hydrating remedy for dry hands and feet in our high-desert environment. Start with a botanical scrub to exfoliate and improve circulation, followed up with a Lavender Salve massage and a hot towel wrap.

30 MINUTES 65

### HYDRATING BACK ENHANCEMENT

Providing attention for the area of the body that is often forgotten, the *Hydrating Back Enhancement* is an exfoliating botanical scrub and nourishing mask followed by a soothing back massage.

30 MINUTES 65

### HYDRA-REPAIR BOOST

This deeply hydrating enhancement will soothe even the driest desert skin.

20

### SOOTHING EYE TREATMENT

Soothing eye masks infused with active minerals and calming vitamins are gently applied during your treatment to calm and brighten the eye area.

20