



# HACIENDA SPA

AT LOS POBLANOS

*Each treatment begins with the Hacienda Spa signature opening ritual, which infuses seasonal botanicals harvested from our property. You select a signature scent that sets the tone for your curated journey with our expert team of therapists and estheticians.*

## MASSAGE TREATMENTS

*Allow our skilled therapists to guide you through a relaxing, restorative experience with a Hacienda Spa massage treatment. Using Los Poblamos artisan lavender products, organic massage oil and custom essential oil blends, every treatment is customized to your body's needs. Massage treatments can be reserved as a couple's experience.*

### HACIENDA MASSAGE

Our signature massage experience, begins with a light full-body dry exfoliation to warm the body and activate circulation. Gently transition to a therapeutic massage using rhythmic movements and stretches to promote relaxation and deeper release. This signature experience closes with a warm oil scalp massage incorporating botanicals from our farm. 80 MINS | STARTING AT \$250

### THERAPEUTIC MASSAGE

This gentle massage features rhythmic movements to induce deep relaxation and a strong sense of calm. Flowing strokes and gentle stretches increase circulation, loosen stiff joints and provide deep release. Using warm compresses and healing botanicals, sore areas are nourished as you are immersed in relaxation. 50/80 MINS | STARTING AT \$180/210

### DEEP TISSUE RECOVERY MASSAGE

Customized to your specific concerns, this treatment focuses on the deeper layers of muscle and combines firm pressure with pain-relieving techniques to ease tension, chronic pain and stiff muscles. Arnica salve is used to stimulate blood flow, reduce inflammation and relieve pain. 50/80 MINS | STARTING AT \$200/230

### WARM HIMALAYAN SALT STONE MASSAGE

Achieve a deep state of relaxation with this massage. The balancing properties of the stones release tension and toxins while providing gentle exfoliation. 80 MINS | STARTING AT \$250

### HERBAL POULTICE MASSAGE

Inspired by the season and our pastoral agricultural environment, this treatment combines the nutrient-rich benefits of seasonal plants, flowers and herbs foraged from the farm to create a unique and therapeutic massage. The warm poultices are steamed to release the plant's aromatic healing properties and are then used to rhythmically knead the body. The warmth and fragrance work in tandem to provide deep muscle release and repairing tissue. 80 MINS | STARTING AT \$250

### THE "1934" TREATMENT

Inspired by 90 years of Los Poblamos history, this treatment allows you to experience the generous life. Begin with a light, full-body exfoliation to warm and promote circulation, then ease into full relaxation with a warm oil scalp massage and gently transition in to a therapeutic massage. Let our calming Lavender Skincare Oil help melt away muscle tension and stress. Finally, a light application of Lavender Salve is used to mask the feet, leaving your skin deeply hydrated and nourished. 110 MINS | STARTING AT \$370

### PRENATAL MASSAGE\*

Tailored for the second and third trimesters, this gentle massage eases lower back discomfort, reduces swelling, and promotes circulation. In the serene Hacienda Spa, mothers-to-be are comfortably supported with cushions and positioning for a safe, deeply relaxing experience. \*Clients must be in their second or third trimester to receive this treatment type (13 weeks or more).

50/80 MINS | STARTING AT \$180/210

## SKIN CARE TREATMENTS

*Hacienda Spa facials are thoughtfully customized by our talented team of estheticians using botanically-based, professional skincare lines that balance the best of both science and nature. The Hacienda Spa proudly partners with Sorella Apothecary and emerginC Organics, and we incorporate products from our own lavender product line.*

### HACIENDA FACIAL

Our signature skincare experience begins with an in-depth esthetician consultation that guides the treatment to ensure your skin gets exactly what it needs. Dual cleanses, exfoliation, pore extraction, face and scalp massage, custom masks, nourishing moisturizers and sun protection are all tailored to provide a luxurious treatment. Enjoy a soothing mask made with aloe, local honey and the essence of our organic lavender. This in-depth treatment will improve the appearance and texture of your skin, leaving you deeply relaxed and refreshed.

80 MINS | STARTING AT \$250

### RESTORE & RENEW FACIAL

This rejuvenating facial begins with a gentle cleanse and exfoliation, preparing your skin for optimal nutrient absorption. The treatment utilizes NuFace®, a microcurrent device that delivers low-level electrical currents to stimulate facial muscles, enhancing firmness and promoting a more sculpted appearance. A luxurious Knesko collagen mask is then applied, deeply hydrating your skin and infusing it with essential nutrients to improve elasticity and plumpness. The result is a visibly lifted, contoured complexion, radiating with a healthy glow.

80 MINS | STARTING AT \$265

### CLASSIC FACIAL

This treatment is tailored to target your specific concerns, leaving your skin feeling rejuvenated and refreshed. This can be modified to be done as a back facial.

50 MINS | STARTING AT \$190

### SEASONAL FACIAL

This treatment provides the perfect opportunity to take notice of everything wonderful the current season has to offer. Indulge in a facial that has been thoughtfully curated for our unique high-desert environment and the specific time of year. As this treatment changes, please call the Hacienda Spa or visit our website to learn more about the current offering.

50 MINS | STARTING AT \$190

*Treatments and prices subject to change based on seasonality.*

## ENHANCEMENTS

*These enhancements can be added to any massage or skin care treatment.*

### REVITALIZING SCALP ENHANCEMENT

Enhance any massage with this aromatic scalp treatment and achieve an even deeper state of relaxation. Using Los Poblanos Lavender Skin Care Oil, light pressure and movement focused on the scalp and neck provide gentle yet highly effective stress-relief therapy.

30 MINS | STARTING AT \$75

### HYDRATING FOOT ENHANCEMENT

Enhance any treatment with this relaxing, hydrating remedy for dry feet in our high-desert environment. Our Lavender Peppermint Blue Corn Body Scrub will exfoliate and improve circulation, next your feet will rest enveloped in self-heating mitts, followed by a gentle massage using our signature Lavender Salve.

30 MINS | STARTING AT \$75

### DRY BODY SCRUB

Nourish your skin and enhance any treatment with a light, full-body exfoliation to warm the body, activate circulation, and leave the skin soft and smooth.

30 MINS | STARTING AT \$75

### KNESKO FACE, EYE & LIP MASK ENHANCEMENTS

Enhance your massage or facial treatment with a collagen-rich Knesko eye, lip or full-face mask to nourish and hydrate.

STARTING AT \$30-45