



# HACIENDA SPA

## AT LOS POBLANOS

*Nestled in an original, historic home designed by the father of Santa Fe style, John Gaw Meem, the Hacienda Spa is an intimate space that encourages a rich sensory experience. The stunning courtyard, luxurious lounge and surrounding landscape evoke a deep sense of well-being that awakens the senses. Informed by elements of nature, the unique treatments and elegant space work in harmony to create the ultimate immersive experience. Each treatment begins with the Hacienda Spa signature opening ritual, which infuses seasonal botanicals harvested from our property. You select a signature scent that sets the tone for your curated journey with our expert team of therapists and estheticians.*

### SKIN CARE TREATMENTS

*Hacienda Spa facials are thoughtfully customized by our talented team of estheticians using botanically-based, professional skincare lines that balance the best of both science and nature. The Hacienda Spa proudly partners with Sorella Apothecary and emerginC Organics, and we incorporate products from our own lavender product line.*

#### HACIENDA FACIAL

The *Hacienda Facial* begins with an in-depth esthetician consultation that guides the treatment to ensure we meet your skin needs. Dual cleanses, exfoliation, pore extractions (if needed), face and scalp massage, custom masks, serums, nourishing moisturizers and sun protection are all tailored to provide a luxurious treatment.

80 MINS | 225

#### HEALING STONE FACIAL

The *Healing Stone Facial* is designed to heal and revitalize the skin's surface and promote chakra healing. Your highly-trained therapist selects healing stones and crystals that address your specific needs, such as reducing inflammation, cell renewal and relieving congestion. A combination of warm and chilled stones are used to gently massage the skin, increasing overall circulation to improve tone, luster and glow. This unique facial will leave you feeling balanced and refreshed from the inside out.

80 MINS | 225

#### CLASSIC FACIAL

The *Classic Facial* is tailored to target your specific concerns, leaving your skin feeling rejuvenated and refreshed. This treatment can be modified to be done as a back facial.

50 MINS | 175

#### SEASONAL FACIAL

Our *Seasonal Facial* provides the perfect opportunity to take notice of everything wonderful the current season has to offer. Indulge in a facial that has been thoughtfully curated for our unique high-desert environment and the specific time of year. As this treatment changes with the season, please call the Hacienda Spa to learn more about the current offering.

50 MINS | 175

## MASSAGE TREATMENTS

*Allow our skilled therapists to guide you through a relaxing, restorative experience with a Hacienda Spa massage treatment. Using Los Poblanos artisan lavender products, organic massage oil and custom essential oil blends, every treatment is customized to your body's needs. Massage treatments can be reserved as a couple's experience.*

### HACIENDA MASSAGE

Our signature massage experience, begins with a light full-body dry exfoliation to warm the body and activate circulation. Gently transition to a therapeutic massage using rhythmic movements and stretches to promote relaxation and deeper release. This signature experience closes with a warm oil scalp massage incorporating botanicals from our farm. 80 MINS | 225

### THERAPEUTIC MASSAGE

This gentle massage features rhythmic movements to induce deep relaxation and a strong sense of calm. Flowing strokes and gentle stretches increase circulation, loosen stiff joints and provide deep release. Using warm compresses and healing botanicals, sore areas are nourished as you are immersed in relaxation. This treatment is a wonderful option for mothers-to-be. 50/80 MINS | 155/185

### DEEP TISSUE RECOVERY MASSAGE

Customized to your specific concerns, this treatment focuses on the deeper layers of muscle and combines firm pressure with pain-relieving techniques to ease tension, chronic pain and stiff muscles. Arnica salve is used to stimulate blood flow, reduce inflammation and relieve pain. 50/80 MINS | 175/205

### WARM HIMALAYAN SALT STONE MASSAGE

Achieve a deep state of relaxation with this massage, which pairs medium to deep pressure with warm Himalayan salt stones. The balancing stones release tension and toxins while providing gentle exfoliation. 80 MINS | 225

### HERBAL POULTICE MASSAGE

Inspired by the season and our pastoral agricultural environment, this treatment combines the nutrient-rich benefits of seasonal plants, flowers and herbs foraged from the farm to create a unique and therapeutic massage. The warm poultices are steamed to release the plant's aromatic healing properties and are then used to rhythmically knead the body. The warmth and fragrance work in tandem to provide deep muscle release and repairing tissue. 80 MINS | 225

### THE "1934" TREATMENT

Inspired by 90 years of Los Poblanos history, this treatment allows you to experience the generous life. Begin with a light, full-body exfoliation to warm and promote circulation, then ease into full relaxation with a warm oil scalp massage and gently transition in to a therapeutic massage. Let our calming Lavender Skincare Oil help melt away muscle tension and stress. Finally, a light application of Lavender Salve is used to mask the feet, leaving your skin deeply hydrated and nourished. 110 MINS | 325

## ENHANCEMENTS

*These enhancements can be added to any massage or skin care treatment.*

### REVITALIZING SCALP ENHANCEMENT

Enhance any massage with this aromatic scalp treatment and achieve an even deeper state of relaxation. Using Los Poblanos Lavender Skin Care Oil, light pressure and movement focused on the scalp and neck provide gentle yet highly effective stress-relief therapy. 30 MINS | 65

### HYDRATING FOOT ENHANCEMENT

Enhance any treatment with this relaxing, hydrating remedy for dry feet in our high-desert environment. Our Lavender Peppermint Blue Corn Body Scrub will exfoliate and improve circulation, next your feet will rest enveloped in self-heating mitts, followed by a gentle massage using our signature Lavender Salve. 30 MINS | 65

### DRY BODY SCRUB

Nourish your skin and enhance any treatment with a light, full-body exfoliation to warm the body, activate circulation, and leave the skin soft and smooth. 30 MINS | 65

