

Travel

A Rio Runs Through It: The Ultimate Guide to a New Mexico Road Trip

BY ALISON MCCOOK
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Photo: Getty Images

I first visited northern New Mexico 15 years ago on a road trip. I had dreamed of this landscape, climate, culture, and color palette since first being exposed to Native American history and nature photography of the Southwest as a child. I wanted to return but lived overseas and then in Los Angeles, New York, and Chicago for the next 15 years. When I lived in the Tucson and would cross into the state on the drive, attributing every mesa to the "buggy, sickly, itchy scenery" as I experienced it and may or not still grind into Tums. Country First without wanting music or electricity, or perhaps because of this. I was smitten. Why can't we living here, I thought. Soon after, I moved to the "Land of Enchantment"—not anonymous. Or now. Both, a bit of both?

Over the past few years, I began noticing that an exploit of the New Mexico scene—small towns, big skies, and creative culture—was attracting a new wave of entrepreneurs and self-starters—many of whom had once left and are now returning to home by their quality of living. Leading up to Taos or Abiquiu for a quick trip, I'd be surprised to see a new restaurant, gallery, or boutique hotel that hadn't been there before. I'm excited by the hope of sharing and celebrating these places and everyone that made New Mexico such a desirable and unique repository of light, heat, wild and rare.

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Welcome to my soulful, subjective, and not at all exhaustive, suggested itinerary of where to eat, stay, shop, and play in New Mexico. It's focused on the north-south axis along the Rio Grande, between Truth or Consequences and Taos Country Five days is the suggested duration, though it could easily be extended to a week or more, or even broken down into a long weekend, depending on each state and the duration of sights and surrounding areas. The whole is more.

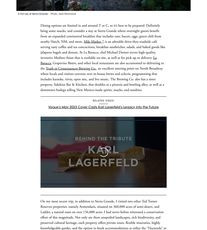
Truth or Consequences

Initially known as Hot Springs, New Mexico, this small town of around 6,000 people—a 3½-hour south of Albuquerque changed moniker in 1950, in a post-war publicity stunt to radio show competition. Dressed as the "Geritol Couple" as the original name would indicate—the area is known for its mineral springs and public baths. If you're in town consistently known today, it is quirky place. Signs around town read "hot springs, cool people," and "Welcome to Truth or Consequences. Now get the hell out of here." It's a particularly good spot to start or end a New Mexico road trip, as quite simply, there is just not much to do but soak, relax, repeat.



sad sign still lighting for local of Truth or Consequences, NM via Get Inspired

Sierra Grande, Wordwood, and newcomer Hot Springs Cosmic Camp all offer on-site accommodations. The latter, which opened in 2021, is a collection of 1970s Airstream trailers re-imagined from the on the spot inside an outdoor sphere as well as the Kiva Hotel and the Cloudy Camp, all soaking in a pile-pot. Riverbend, which has been operating as a hot spa resort since 1950 and recently renovated by interior design firm Commune, is currently with wistfulness pools, including some that are private (and therefore, clothing optional).



Cozy up at Hot Springs Cosmic Camp. Photo: Jose Villalobos

Dining options are limited in and around T or C, so it's best to be prepared. Definitely bring some snacks, and consider a stay at Sierra Grande where overnight guests benefit from a full breakfast spread and dinner options. Other than that, there are a few decent spots, notably Nicole's Deli and more. Adán Medrano's is an adorable drive-thru roadside café serving tasty coffee and tea concoctions, breakfast sandwiches, salads, and baked goods like jalapeño bagels and donuts. At Passerine, chef Michael Thomas serves up high-quality, innovative Modern Asian fare in a available on-site, as well as for pick up or delivery for dinner. Thomas is also behind the nearby Passerine Bakery, which is open Thursday to Sunday for Truth or Consequences Bagelry Co., an excellent morning point on North Broadway where locals and visitors convene over in-house brews and eclectic programming that includes live music, DJ sets, and trivia nights. Other than that, there are a few bars and restaurants: Jalisco Bar & Kitchen, that doubles as a pizzeria and bowling alley, as well as a downtown bridge selling New Mexico-made spirits, snacks, and sundries.

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On my most recent trip, in addition to Sierra Grande, I visited two other Tail Terrier Reserva properties: namely Stonehedge, situated on 360,000 acres of mountain and desert, and Gallisky, a natural oasis on over 156,000 acres. I had never before witnessed a concentration of dark skies, and the nights I spent stargazing at both properties were truly spectacular. I enjoyed cultural heritage, and property offers private tours, Reiki treatments, highly knowledgeable guides, and the option to book accommodations at either the "Hacienda" or "Ceramic House," providing guests with a way that is fully experienced.

Albuquerque

With a population currently clocking in at over half a million, "Burque" is New Mexico's largest city and a natural starting point for a road trip. Its historic Old Town is charming, and Rio Rio is the Grande flowing through it. Nonetheless, agricultural production in certain neighborhoods, and the fact it's flanked by both the Sandia Mountains to the east and the West Mesa to the west.



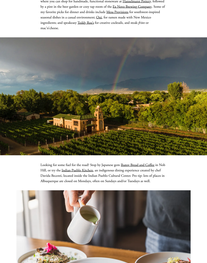
A hike with Albuquerque's Photo: Getty Images

The various neighborhoods such as Nob Hill and the North Valley have strong identities, and notable restaurants, bars, entertainment, and shops abound. Visual Liars is the emerging Sawmill District. In a conversion landing pad, with chic Sawmill Market, an indoor food hall featuring vendors such as Bow & Arrow Brewing Co. and Pizza Nea, as well as Annie Kay's Boots and the Artists Brewing Co. data Inc. so I Zeus has an excellent on-site Gallery Orlando featuring paintings by artist Denis A. Nananja (who deliberately applies traditional Puebloan designs and aesthetics to modern athletic gear under the brand Khaleo Amaseb), printing and sculpture by Kelly Fray, glass works by Su Lujan, and jewelry by Margarita Paz Pedro.



The heart of Sawmill District Photo: Morgan Maassen

Farm Rosie, it's just a short drive to Old Town, where local gem Hot The Hudson Street Container, Back Alley Bistro, Lucia Bistro before it recently got the ax, but they've just announced its possible by Nadine and Desert Goddess), and Tiny Cocoa issues that this hyper-frequented area nevertheless avoids becoming a tourist trap.



Hatmaker's Delivery Photo: Kendall Vie

Another option for accommodations is Los Poblanos, a historic inn and organic farm set on 57 acres of lavender fields, grain cottonwoods, and lush gardens in the Rio Grande Valley. The property's restaurant, Campo, is consistently considered one of Albuquerque's best, boasting an outstanding farm-to-fork restaurant, a new spa, and a cool, relaxed ambiance and landing area. However, be forewarned, there is one big downside to staying here this place is so scenic and serene that it can be hard to motivate to leave the property.



When you do (which you should), visit neighboring Casa Rondeña winery, take a stroll in the Rio Grande ceremonial forest, known as the Bosque, then head to quaint Corrales. Where you can shop for handmade, functional stoneware at Hunnybunn Pottery, rebound at the Rio Grande Nature Center, and then head to Range Cafe for a delicious lunch. Some of my favorite picks for dinner and drinks include Slate Dockside for seafood-inspired seasonal dishes in a casual environment, Chef for tasteful with New Mexico ingredients, and another Slate Barn for creative cocktails, and small plates at their La Jarocha.



Looking for some fuel for the road? Stop by Japanese gem Kanpai Bread and Coffee in Nob Hill, or try the Indian Pueblo Kitchen, an indigenous dining experience created by chef Loretta Barrett Oden, who showcases Native American cuisine. One of the best spots in Albuquerque are closed on Mondays, often on Sunday and/or Tuesdays as well.



Melon Pancetta

Madrid and Cerrillos

Heading north from Albuquerque to Santa Fe, take a hot detour off the interstate to New Mexico 14, also known as the Turquoise Trail. Here, you'll find the historic mining town of Cerrillos. Once a thriving coal mining town, Madrid is now a creative community with over 40 artisans, and a handful of shops, restaurants, and – and somehow still a bit of a ghost town vibe.

Photo: Colette Mazzi

Definitely don't miss Alchemy Studio as you walk by high-frequency Pete with Chanel Rude, functional ceramics by Nate Pillow, and gallery owner Lucy Parsons herself Nancy Dotgen. Customizing nearly 5 orders in Cerrillos, wander the streets and take a peek at the architecture in the Historic District, poke around at the Casa Grande Trading Post Museum Museum in Ruston Casa, or explore the Cerrillos Area Park with a bit further up.

Santa Fe

Settled by the conquistador Don Pedro de Peralta in the first decade of the 17th century and named La Villa Real de Santa Fe de San Francisco de Asís, Santa Fe is the oldest capital in the United States. Though its population is still under 100,000, this is called "City Different" has an impressive selection of indie shops, cool galleries, and top-notch museums, as well as walkable neighborhoods, and excellent epicurean offerings for all budgets and palates. All of that with a dose of easily accessible escapism, due to being surrounded by mountains. Santa Fe is also a popular destination for travelers from around the world, and the locals are used to it. Plus, the International Folk Art Market is one of the demographic, especially in regard to entertainment and season hotel reservations.

Santa Fe. Photo: Getty Images

Not so long, but I have slept around town quite a bit, and my favorite landing pad remains The Drunken, a 10-room inn and boutique set in a former adobe home just off walking distance from the Plaza, Canyon Road, and the Railyard District. At the turn of the 19th century, the property was a speakeasy and a bordello, which is fun to know. It has been lovingly restored and is now a charming, intimate, and well-appointed place to stay. Constructed in the 1960s. Now under the stewardship of architect owner Dorothy Ly and Ezra Gordon since 2019, this historical property has been carefully restored and its environment, resulting in a curatorially inspired abode that is both cozy and chic. Be sure to eat breakfast there, as the Drunken's morning meal is a delicious way to start the day.

A scene at The Pancake
Photo: Kenneth Child

Funded up and ready to explore, head over to Canyon Road where relative neighborhood newcomers like Area Dance Hall, Native's and restaurant-storefronts get more buzzed. Abraham Cake Handcrafted, a gallery that specializes in handmade forms from New Mexico and Peru, and Bowlero transplant Orlando aka Bonus Area, a hybrid space for art supplies, including their own line of paints, and bowling, are two spots to check out. Bringing Back Tex-Mex on that strip is highly recommended, too, starting with the duo of Del Mesquite and Tia Sophia's, the latter with Jolene Hanson shortened, dreamlike, and completely fascinating work at the Susan Eddings Weiss Gallery—influenced by the human condition and her journey through life as a mestiza. Hours works on a large scale, primarily with ink, watercolor, and gouache.

Inside Mowbray. Photo: Nicole Anderson

For more great art by vistas like Nani Chacartre, Brita Nicholas, and Jenny Holzer (coming this fall), check out SITE Santa Fe or Pace de Pruebas, then cross over to walk around the Railyard District, which is also home to Meow Wolf's House of Eternal Return and Worldwider and Storefront. The Site Restaurant's favorite for its impressive selection of tasty fresh bowls, and remarkable industrial architecture, and shopping at Double Take's vintage and contemporary emporium (or nearby Granddaddy Store's 5%, and where to the mural-in-store, head to the Railyard Performing Arts space, where Elise Lent has been offering classes in the Japanese art of Shibari since 2015. Lent's work is also in the Railyard Annual and her team of home-workers' videos found strength scattering mystical." Page Rose's classic. It's the weekend, "Sunday Service" with embroidered phoenixes and "Hipsters Anthem" Julian Lennon's. at the get-to." Top off the wine with inventive, handcrafted cocktails, mocktails, and bar bites at An Honest Ale House Distillery.

Two artisans of JAR, Santa Fe
Photo: Jacquie Beckford

Similar to Canyon Road, the Plaza district boasts a new crop of offerings these days as well, like Ten Thousand Waves Japanese Restaurant & Sake Bar, Sweetwater Harvest Kitchen & Market, or Hotel Chimayó, a hush collaborative venture between Ute Lake developer Ben Ayer's Noble Hospitality entrepreneur Jim Turner, and jewelry maker Anna Sheffield, where you can sip a cocktail and peruse pieces by Sheffield and other artists in the lobby, or head to the pool, and under the mural-like enhancements to remember your quarters' Ray's Barber Supply, the Rustic and Hurricane, respectively. Oh, and great craft beers, tacos, and more at Desert Dime Brewery & Cantina—discreetly tucked away on the second floor of a building on West San Francisco Street.

A table at Ca'Mona Courtesy of Ca'Mona

In the mesmerizing Solana Shopping Center on West Alameda, Bonanza Vintage proposes a well-curated/edited selection of clothing and accessories for adults and children, as well as home goods, including furniture, lighting, and decorative objects, while Ca'Mona is an alternative to bigger-name grocers. From there, head west to Second Story Brewery's Rubber Taproom or nearby Transformer Brewery and Distillery for private libations, live music, and food trucks. Or, for a full-service dining experience, Ca'Mona's seasonal, locally-sourced prix-fixe menu presents contemporary, innovative celebrations. The House of Eternal Return and murals by artists that run the gamut from Diverse to Terror Hall in Jamaica Indoor.

Santa Fe, of course, has extraordinary options worthy driving options, ranging from expected to the genius that hands-local and visitors alike have a hard time getting a table (hello Tableau and Paper Dosa!). One delectable crowd-pleaser is Sweetwater Harvest Kitchen. Now in its 11th year, this farm-fare and community-hosting space serves breakfast, brunch, lunch, dinner, and weekend happy hour, and is a must-visit for anyone who appreciates the fresh taste of Santa Fe(ans) Farms. The globally-inspired menu is always eclectic, usually gluten-free, and accessible to almost any palate due to vegetarian, vegan, and paleo options. Think: matcha green smoothie bowls, breakfast burritos, sesame bowls, Wild Yeast burgers, yucca root flatbread pizzas, salmon tacos, carrot cake, and chocolate avocado mousse. All of the ingredients are sourced from within 150 miles of the restaurant, and the menu is sustainably organic, biodynamic wines and sake, as well as a selection of regional and imported beers, smoothies, agua fresca, adaptogenic beverages, and other non-alcoholic options.

Lamebanka in Santa Fe during the holidays Photo: Sally Gragson

Also noteworthy in Santa Fe is Tomita Pan Kitchen, with its dated-to-open a permanent location soon, in the meantime, try their delicious organic sourdough pizzas at 23 Bay Horse Brewing, Cafe Pasqual's, Sweetwater Harvest Kitchen, Paper Dosa, Tia Sophia's, Bonanza, for the casual-to-epic menu at the Lamy-Based steakhouse El Gato Escondido, food truck or restaurant, and for a higher-end experience, book a table at chef Fabianella Rodriguez's cozy restaurant, Zacatlan, tucked away on Santa Fauna Trail like nesting owl. Opt for a catered meal from Zacatlan, or organic, plant-based, vibrant, and flavorful contemporary-minded menus by Mexican brothers Abdiel Abdiel Abdiel and Cabeza Delgado Mariano.

Off of Cerrillos, in what was once a grocery store, BCFE Santa Fe is a massive lifestyle emporium that's part gym, part spa, part cafe, part bar, part boutique, part wellness experience. BCFE's totally-included includes state of the arted most-people-counter dance mornings, giant yoga, new moon ceremonies, and weekly Vita classes.

A view over Bishop's Lodge. Archange Ranch Collection
Courtesy of Archange Ranch

Heading north, skip the highway and take the back roads up to Tesuque. Stop in at Shidoni Gallery, an Archange property for children puppets. Stop soon, and a glass of wine recommended by somewhere Meow Stage as the refined yet comfy Bull-ho Bar. There is also a Bishop's Lodge property, the Bishop's Lodge-owned hospitality, particularly at Bishop's Lodge, the Lodge that has been around in spots in the public, from Bishop's Lodge Restaurant, Bishop's Lodge Restaurant, and Bishop's Lodge Bishop's Lodge, Bishop's Lodge, Bishop's Lodge,

Taos Plaza. Photo: Getty Images

Don't have the center of town without also exploring the various streets around the Plaza, alternating between shopping at Navajo consignment and Native-owned collective ArtesanSoul Trading Post for custom-made apparel and art by local artists like Yuk, Nicolie Lavien, Lois Ortiz Allarcon, and Crista del Norte; seeing some art at the Harwood Museum and Sara Fine Art Gallery (worth it for the work of photographer Birgit Gutsche alone); visiting an installation, talk or workshop at woman-owned Desert Rain; then having a glass (or two) at Barra Vino or Corner Office.

Heading north, stop at Wild Leaves Bakery in Yucca Plaza for various types of fresh sourdough bread, as well as a bowl or cup of their (always vegan) soup of the day; then to Her Sacred Alchemy, Taos's top shop for all things mysticism, sacred sensuality, books and events carefully curated by single mom owners Nicole and Jess.

Photo: Alison Beckner

Though Taos is a small town with a population count hovering around just 6,700, there are plenty of notable places for dinner and nightlife. Yes, there is James Beard semi-finalist, the Love Apple, housed in an old chapel and probably the area's most popular dining establishment. Others to try include Medley, Aceq, and the latest addition, Byzantium Kitchen and Bazaar for New American cuisine. Rolling Still serves craft cocktails made with their house distilled spirits and New Mexico ingredients, accompanied regularly by live music and DJs. The Bevah composed is home to a regular rotation of openings, performances, markets, live sets, and full-blown parties.

The latest and greatest evening scene in this granny mountain town, however, are the events hosted by Dalton Kunes. Hosted by Ricky Carlino—an Argentinian who moved to Taos 14 years ago to ski and "pretty much never left"—Dalton's mission is to create a meeting point where the community can connect around music. The Kunes programming features a stellar lineup of world music acts, with a penchant for artists from Latin America and Africa, as well as trivia nights, family-friendly volleyball, BBQ sandwiches, a full bar, and jaw-drop views of the sun setting across the pueblo.

San Francisco de Asís Catholic Mission Church in Taos. Photo: Alison Beckner

Before hitting the road to head out of town, ensure you have provisions for the journey ahead. At 6,969 feet already, if you're down to get a little higher, head to Taos Canyon Cannabis, where all of the premium genetics are grown organically, and most often within Taos County. The staff is super knowledgeable, and I appreciate how patient they are with a relative newbie like me.

Now, then, for food supplies. If you happen to be in town on a Saturday, stop at the Taos Farmers Market, which took up residency in the County Courthouse parking lot this season, and has a nice variety of vendors serving prepared foods like tamales, omelets, baked goods, and more. Or go to the Farmhouse Café and Bakery, located on an idyllic piece of land in the foothills of the Pueblo (which is open to visitors, by the way, and also has a little weekly farmer's market). The food is all fresh, organic, and sourced from over 20 local farms and ranches. Farmhouse founder Micah Roseberry has been an organic farmer and educator for over 25 years, and through her organization Growing Community Now, she provides gardening and nutritional education to Taos pre-K to high school students and serves 700+ local, organic meals daily to local youth. One last daytime food recommendation would be the Golden Pizza, headed up by chef Jaime Sanvi Ramirez and serving a broad selection of hearty and flavor-filled Mexican, New Mexican, and American classics.

A turquoise bench in Taos.
Photo: Getty Images

Abiquiu and Cañones, via Ojo Caliente

For the final stint of this road trip, take US HWY 64 West, and cross the jaw-dropping Gorge Bridge in the direction of Ojo Caliente Resort and Spa. Stop in to rest and recharge in the healing mineral springs of one of the oldest natural health resorts in the country, then continue on towards Canyon, or The Land, a breathtaking homestead on 43 acres with a creek, a treehouse, yoga decks, hammocks, a barn, and five freestanding homes, each stylishly and thoughtfully designed by owner Jonathan Obrigon; his sweetheart Maya Scales, and their friends. Backed up against 1.5 million acres of national forest, The Land abounds in stillness, and with virtually no light pollution, on clear nights guests are guaranteed a celestial light show.

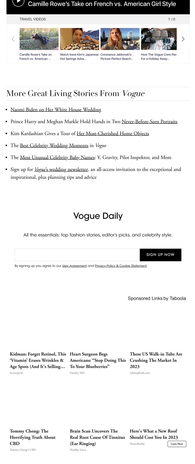
A room at The Land. Photo: Alison Beckner

By day, in addition to the obligatory Ghost Ranch-O'Keeffe Home and Studio double-header, venture a bit further afield. My last jaunt was full of firsts for me: I set out to hike the dry riverbed of Plaza Blanca, marveling at the massive rock towers composed of volcanic debris and somewhere around 18 to 27 million years old. (Access is limited and must be arranged in advance via the Tia Al Mare voyage and education center.) Then, through the introduction of a friend, I stopped in to chat with jeweler Tamara Kay at her shop, Naze, a hybrid shop/showroom that celebrates creativity, culture, and community. From there, I set out to visit the home studio of Hilde Garcia, who also happened to be one of the artists whose work was on display at the shop. Garcia and her husband, both originally from Puerto Rico, live on a seemingly endless mesa above Abiquiu, with expansive views from the Pedernal to Taos Mountain and on up to Colorado. Garcia specializes in figurative painting and ceramic sculpture, with narratives that weave mythology, feminism, poetry, culture, and history in a way that is both gentle and strong; deep, without being heavy.

Inside the studio of Hilde Garcia. Photo: Alison Beckner

Photo: Alison Beckner

Another singular spot to check out is the El Pueblo de Abiquiu Library & Cultural Center. Located on 200 acres of land that was the first land granted to Hispanos in 1754 in 1754, and housed in a century-old adobe, it's the local incubator for the diverse cultural communities in the area. In addition to being an invaluable resource for history buffs past and in the making, ongoing programming includes conversations addressing ways to mitigate the effects of local tourism and economic development; educational programs around recognition of and respect for local, Indigenous, or faith-based organizations; and efforts to help the community explore its history and preserve its unique cultural identity. Schedule permitting, what better way to wrap up the trip on bandcamp than with either Ali Spagnolo's High Desert Heroes (she also makes awesome wraparound leather hoods) or Bad Horse Riding Company, followed by a roadside pizza pick up from Mamacita's or some provisions from Bode's Mercantile and General Store? Then, it's time to settle back in at The Land for a relaxing southwest sunset.



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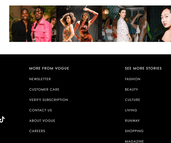
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